

Seeing Session One:

What if the way you see problems is your biggest problem?

What if how you see opportunities is your biggest opportunity yet?

To maximize your potential for Good Growth, make your way from a distance through a tunnel to the thing itself

Accurate means to ‘*exhibit due care towards.*’ If we want to become more accurate, we need to better define ‘objectivity.’ To cultivate a more caring form of ‘objectivity’—one that embraces empathy and comprehensive consideration of various perspectives—here are three guided reflections designed to shift away from an impersonal, distant form of ‘objectivity’ toward a more caring and engaged approach:

Guided Reflections for Caring Objectivity

Reflection 1: Reassessing Objectivity

1. **Review Your Recent Decisions:**

- Reflect on your approach to a recent significant decision or opportunity. Did you strive for objectivity by distancing yourself? Consider how this might have limited your understanding or affected the outcome.
- Ponder whether a more engaged approach could have enriched your perspective and led to a more compassionate and accurate decision.

2. **Action:** For your next challenge, engage more directly with all aspects of the situation. Go beyond data and reports; interact with the people involved, visit the sites, and experience the context firsthand to foster a deeper, more caring understanding.

Reflection 2: The Role of Perspective in Objectivity

1. **Analyze the Impact of Your Perspective:**

- Consider a recent decision influenced heavily by quantitative data. Reflect on how this approach shaped the outcome and whether it felt disconnected from its real-world impact.
- Assess whether your method allowed for a caring consideration of everyone affected by the decision.

2. **Action:** Begin conducting regular “perspective audits” in your decision-making processes. Seek feedback from various stakeholders at different levels of your organization and beyond to challenge and broaden your viewpoints.

Reflection 3: Embracing Comprehensive and Caring Views

1. **Examine Your Approach to Complex Issues:**

- Reflect on how you handled a recent complex issue. Did you consult multiple perspectives or rely predominantly on a singular view? How varied were your sources of information?

- Evaluate how embracing a broader array of views could have provided a more nuanced and empathetic understanding.
2. **Action:** Organize structured team sessions for upcoming projects. Consider how you typically frame out your project or strategy. How might you as a team build a more accurate assessment and approach?

Implementing These Reflections:

- **Schedule Regular Reflection Intervals:** Dedicate one day each month to review these reflections regarding recent projects and decisions. Document insights and modify your strategies to nurture a more connected and empathetic form of objectivity.
- **Maintain a Reflection Journal:** Keep a journal focused on these reflections. Track changes in your perceptions and the efficacy of your adjusted strategies over time, reinforcing the shift towards a more caring and comprehensive approach.

Self-Reflection on Tunnel Vision

How you see will determine what you find and who you become. And we all have that ONE point of view we love. A social theory. An author. A model. A discipline. Whatever 'it' is, take time to take note and consciously set it aside (for a time) for your next opportunity.

Direct Questions:

1. **Acknowledge Your Standard View:** Think about the last important decision or opportunity you faced. What theories or models guided your judgment? How might they have shaped or limited your view?
2. **Judge the Outcome of Your Perspective:** Recall a time when your first impression was proven incomplete. How much did your favored perspective restrict your understanding?
3. **Weigh Other Angles:** Reflect on a recent problem. Were there other viewpoints you dismissed? What might these other perspectives have shown you?

Actionable Steps:

1. **Seek Out Differing Opinions:** Next time you're deciding or exploring something new, consciously seek perspectives that differ from your usual thinking. Hold these in tension and take care to consider them fully. Don't jump to weighing one as superior. Hold these together.
2. **Immerse Yourself in the Situation:** Instead of leaning on distant theories, get directly involved with the real conditions of the problem or opportunity. Visit the site, observe, ask questions, and gather first-hand information. Try using more of your senses to make sense! This helps you see the situation more clearly and from multiple perspectives.

Application of Steps:

Use These Actions in Your Next Project: Implement these actions in your upcoming work. Note any changes in how you understand the situation and the solutions you consider. Reflect on whether these methods helped you break free from tunnel vision and resulted in a more effective strategy.